

Normotim Reviews: Safety and Efficacy Examined

Reviews confirm Normotim not only enhances mood but does so safely, with endorsements from leading mental health specialists.



Rustam



Works well as an anxiety relief

Reviewed in the United States on April 7, 2022

Verified Purchase

I NEVER write reviews unless I either really love something or hate it.

I am pretty familiar with various kinds of supplements to reduce stress levels and increase brain activity. As a business owner, I run into these issues/challenges regularly. I have been taking Lithium Orotate supplements for a long time. This substance really works great for me as a brain supplement. When I was about to order another pack on Amazon (from a different manufacturer), I saw Normotim – a Lithium Ascorbate supplement. That was something new. After reading the studies, I understood that this is the same Lithium but mixed with vitamin C and other vitamins. This combination makes it a potent brain booster that directly affects anxiety and stress reduction. I was interested in the fact that this is not a copycat of well-known products but something new on the market (the company has two patents in the USA). So I decided to give it a chance.

I was a bit skeptical at first. I wasn't sure how Normotim would affect my anxiety. But I have been taking it for 9 days so far. Still, after a few days of taking it, I can already tell the difference. It helps me feel less anxious and more content throughout the day. So, I can say it works really well so far.

I have not yet felt a change in brain activity, and I cannot confirm the effect of working as a brain booster. But I guess it's not enough time. So I will try to make an update in a month to evaluate the work of Normotim as a brain supplement.

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Amazon Customer



Lovely packaging and effective product!

Reviewed in the United States on January 30, 2024

Verified Purchase

I started taking this product over a month ago and have already noticed a major change in my day to day life. Situations that used to stress me out and affect my day-to-day life are no longer an issue. I have mental clarity that I haven't felt in ages. Can't believe this is an over the counter product. HIGHLY recommend!

5 people found this helpful



Jesi O'Connor

★★★★★ **Good quality**

Reviewed in the United States on June 14, 2024

Verified Purchase

Good quality for the price.

One person found this helpful



daryl

★★★★★ **Great ingredients, taste, and results!**

Reviewed in the United States on February 28, 2024

Verified Purchase

I bought this about a month ago. I loved the clean ingredients and can say that in 30 + days, I have felt more clear-headed and energized. I would recommend Normatim!

4 people found this helpful

Helpful

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Tatiana Saenko

★★★★☆ **Good for memory**

Reviewed in the United States on November 7, 2022

Verified Purchase

I was taking Normotim for two weeks. I feel that now I am more concentrated and focus better. I think my memory has gotten better too.



9 people found this helpful



Anna

★★★★★ **Safe mood stabilizer!**

Reviewed in the United States on January 26, 2024

Verified Purchase

I really like that this supplement is actually backed by decades of medical research AND 3 US patents. Since taking it, I definitely have found myself feeling more focused on my tasks and even happier, which wasn't my initial reasoning behind trying Normotim. I'll be continuing with the product.

4 people found this helpful

Helpful

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